

Monday 10/1	Tuesday 10/2	Wednesday 10/3	Thursday 10/4	Friday 10/5
Mozzarella Pizza Sticks	Chicken Teriyaki	Pizza Burger	Spaghetti and Meat Sau	Chicken Patty Sandwich
Marinara Sauce	Orange Rice	WG Bun	WG Garlic Bread	Great Grapes
Pears	Green Beans	French Fries	Peas Please	WG Bun
Feta Strawberry Spinach Salad	Yogurt Parfaits- Blueberry	Pineapple Chunks	Mandarin Oranges	Tator Tots
	Strawberry/Banana/Granola	Apple Pie Smoothie	Southwest Salad	Carrot Sticks
				Cookie
Monday 10/8	Tuesday 10/9	Wednesday 10/10	Thursday 10/11	Friday 10/12
Popcorn Chicken	Nacho Bar	Chicken and Noodles	Beef Chili	Meatball Subs
WG Dinner Roll	WG Nacho chips	Mixed veggies	WG Crackers	WG Bun
Mashed Potatoes/Gravy	Cilantro Brown Rice	Blueberry Oat Muffin	Mini WG Cinnamon Rolls	Carrot Sticks
Tropical Fruit	Refried Beans	Orange Smiles	Peaches	Blueberries and Banana
Corn	Salsa and Guacamole		Mixed Berry Smoothie	Ranch Potato Wedges
	Mango Nana Salad		Honey Glazed Carrots	Chocolate Brownies
	Cheese sauce			
Monday 10/15	Tuesday 10/16	Wednesday 10/17	Thursday 10/18	Friday 10/19
Hamburger/ Cheeseburg	WG Corn Dogs	WG Chicken Nuggets	Cheese, Sausage or	Cheese Omelet
Tator Tots	Roasted Broccoli	Sweet Potato Fries	Pepperoni PIZZA	French Toast Sticks
WG Bun	Applesauce	Strawberries	Caesar Salad	Maple syrup
Blueberries	Mashed Potatoes/Gravy	Mixed Veggies	Pineapple Chunks	Corn
		WG Dinner Roll	Berry Smoothie	Mandarin Oranges
				Pumpkin Cookies
Monday 10/22	Tuesday 10/23	Wednesday 10/24	Thursday 10/25	Friday 10/26
Macaroni and Cheese	Chicken & Cheese	Cold Cereal (Rice Crispy	BBQ Riblet Sandwich	
Roasted Broccoli	Quesadillas	Crispix, Cheerios)	WG Bun	NO SCHOOL
Superfruit Smoothie	Bananas	Banana	Sun Chips	
Peaches	Tator Tots	Breakfast Pizza	Roasted Broccoli	
	Greek Salad	Carrot Sticks/ranch	Mixed Fruit	
			Mango/Banana Smootie	
			Cookie	
Monday 10/29	Tuesday 10/30	Wednesday 10/31		
Chicken Strips	Sloppy Joes on WG Bun	Halloween Theme-		
Baked Beans	Celery Sticks	Eyeball and Worms= >	Spaghetti and Meatballs	
Cornbread	Pineapple and Bananas	Garlicy Fingers= >	Garlic Sticks	
Coleslaw	Tator Tots	Candy Corn Fruit Cup=	fruit cup with whip cream	
Apple	Chocolate Dipped	Ghost Rice Crispy=>	Rice crispy treat	
Sweet Potato Fries	Strawberry Smoothie	Roasted Trees=>	Roasted Broccoli	